



Updates to your benefits Effective Jan. 1, 2017

Please file the enclosed amendment with
your important insurance documents.

Dear Valued Wellmark Member,

Thank you for trusting Wellmark with your health insurance needs. We're writing to let you know about changes to your plan benefits, effective Jan. 1, 2017.

You don't have to do anything

Rest assured, you don't have to do anything. Below is an overview of the updates to your plan. Full details can be found in the enclosed amendments. Please review this information carefully.

Overview of your plan updates

- **Mental health services.** The exclusion for treatment of gender identity disorders has been removed.
- **Preventive care.** Nicotine dependence language is revised to clarify coverage of medical evaluations and counseling per U.S. Preventive Services Task Force (USPSTF) guidelines. All other treatment related to nicotine dependence is not covered. There is no change in benefits.
- **Surgery.** Gender reassignment surgery is now covered. The exclusion has been removed.
- **Applied Behavior Analysis (ABA).** The exclusion for ABA has been revised. ABA remains a non-covered benefit under the plan.

You can count on us

If you have any questions about the information in this letter, please call Wellmark Customer Service at the phone number on your ID card.

Thank you for choosing Wellmark for your health insurance needs. We look forward to serving you in the future.

Sincerely,

Sean McTaggart
Vice President, Sales and Segment Performance

Enclosure

P.S. Still not sure how this update impacts your plan? Talk to your employer or instantly access your benefits and claim information using myWellmark on Wellmark.com.

Ge': Diné k'ehjí yáníłti'go níká bizaad bee áká' adoowoł, t'áá jiik'é,
náhóló. Kojj' hólne' 800-524-9242 doodaii' (TTY: 888-781-4262)