

Current COVID Guidance for PLAEA Staff - 8.25.2021

Describe your situation related to COVID-19

I am vaccinated and have interacted with someone who tested positive for COVID-19

I am vaccinated and am experiencing flu-like symptoms but have not knowingly been exposed to COVID-19

I am NOT vaccinated and have been in direct contact with someone who has tested positive for COVID-19

I am NOT vaccinated and am experiencing flu-like symptoms but have not knowingly been exposed to COVID-19

Are you fully vaccinated? (Which means it has been two weeks since you received your final dose)

YES

Have you had symptoms since the interaction?

NO

YES

Follow the same protocols as if you were not vaccinated and had been in direct contact with someone who has COVID-19.

- No quarantine or testing is required.
- Self-monitor for symptoms for 14 days following the exposure.
- Continue with safety protocols including physical distancing, mask wearing, handwashing, etc.

- Notify supervisor, stay home (quarantine), schedule a test and consult with your healthcare provider as needed.
- If test is negative, you may resume regular activities after no fever for at least 24 hours with no medicine and symptoms have improved.
- If test is positive, continue quarantine until at least 10 days have passed since the date of symptom onset and no fever for at least 24 hours with no medicine and symptoms have improved.
- If quarantining you will work with your supervisor & HR to determine sick leave or work from home options applicable to your job duties.

- Notify supervisor, stay home (quarantine), schedule a test and consult with your healthcare provider as needed.
- If test is negative, you may resume regular activities after no fever for at least 24 hours with no medicine and symptoms have improved.
- If test is positive, continue quarantine until at least 10 days have passed since the date of symptom onset and no fever for at least 24 hours with no medicine and symptoms have improved.
- If quarantining you will work with your supervisor & HR to determine sick leave or work from home options applicable to your job duties.

It was non-close contact¹

- No quarantine or testing is required.
- Continue with safety protocols including physical distancing, mask wearing, handwashing, etc.
- Self-monitor for symptoms for 14 days following the interaction. If you develop symptoms, follow the same protocols as if you were not vaccinated and are experiencing flu-like symptoms but have not knowingly been exposed to COVID-19.
- If quarantining you will work with your supervisor & HR to determine sick leave or work from home options applicable to your job duties.

It was direct physical close contact²

- Notify supervisor, stay home (quarantine), schedule a test and consult with your healthcare provider as needed.
- If no symptoms, you must wait at least 48 hours after the earliest exposure before being tested.
- If test is negative, continue to quarantine for 14 days after the latest exposure. After 14 days you may resume regular activities if you have not experienced any symptoms during those 14 days. If you develop symptoms during the 14 days, schedule a test and consult with your healthcare provider as needed. If test is negative, you may resume regular activities when your 14-day quarantine ends and after no fever for at least 24 hours with no medicine and symptoms have improved. If test is positive, see below.
- If test is positive, continue quarantine until at least 10 days have passed since the date of symptom onset (or, if no symptoms, since the date of the latest exposure) and no fever for at least 24 hours with no medicine and symptoms have improved.
- If quarantining you will work with your supervisor & HR to determine sick leave or work from home options applicable to your job duties.

- Notify supervisor, stay home (quarantine), schedule a test and consult with your healthcare provider as needed.

- If test is negative, you may resume regular activities after no fever for at least 24 hours with no medicine and symptoms have improved.
- If test is positive, continue quarantine until at least 10 days have passed since the date of symptom onset and no fever for at least 24 hours with no medicine and symptoms have improved.
- If quarantining you will work with your supervisor & HR to determine sick leave or work from home options applicable to your job duties.

• **Individuals are advised to be tested when experiencing:** Any one of the high-risk symptoms that include:

- New cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell

Or, any two or more low-risk symptoms that include:

- Fever
- Headache
- Muscle and body aches
- Fatigue
- Sore throat
- Runny nose
- Congestion
- Nausea or vomiting
- Diarrhea

• **When your situation calls for a COVID test to be completed:**

- Schedule a test and continue to isolate until test results and quarantine status are known.
- Do not go to your doctor's office or an urgent care center for testing since you are to isolate and quarantine while test results are pending.

• **Whenever testing occurs, a copy of the results is to be forwarded to the supervisor and HR.**

¹ Non-close Contact: outside 6 feet, or within 6 feet for less than 15 cumulative minutes within a 24-hour period (masked or unmasked)

² Direct Physical Close Contact: within 6 feet for more than 15 cumulative minutes within a 24-hour period (masked or unmasked)

The Agency will no longer be doing contact tracing in accordance with the IDPH guidelines.

The staff's supervisor, along with HR, will determine what portion of their work can be done remotely versus what will need to be taken as sick leave. Remote work is only allowable during periods of isolation/quarantine as deemed necessary by the staff member's healthcare provider.